

Some people question if what happened to them can really be called rape, especially if they knew the perpetrator.

## EVEN IF...

You had sex before...

You knew the person...

You trusted the person...

You didn't fight back...

It happened a long time ago...

You never told anyone...

## SEX WITHOUT YOUR CONSENT IS RAPE.

It is illegal and it is wrong.

Sexual assault is a general term that includes rape, sexual contact and other unwanted sexual behavior.

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WE TALK ABOUT  
SEXUAL ASSAULT

YOU CAN TELL US ABOUT IT



Connecticut Sexual Assault Crisis Services, Inc.  
96 Pitkin Street  
East Hartford, CT 06108  
860-282-9881  
[www.connsacs.org](http://www.connsacs.org)

## IF YOU HAVE BEEN SEXUALLY ASSAULTED:

- Talk to a friend or someone you feel comfortable confiding in.
- Call the free and confidential sexual assault hotline:  
**888-999-5545 (English) 888-568-8332 (Español)**
- The hotline is available anytime, day or night, you want to talk and you don't have to give your name.
- Consider getting medical assistance.
- Remember that you can't control another person's behavior.
- It's not your fault.
- You are not alone.

## HOW TO HELP A FRIEND/FAMILY MEMBER WHO HAS BEEN SEXUALLY ASSAULTED:

- Believe your friend/family member.
- Tell your friend/family member that she/he is not to blame for the assault.
- Urge your friend/family member to get medical assistance.
- Remember, your supportive response will help the victim deal with the trauma of the abuse.
- Ask before touching your friend/family member.
- Don't pressure your friend/family member to give details; allow her/him to talk at her/his own pace.
- Call the sexual assault hotline if you have any questions or need support for yourself.

### IN CONNECTICUT, IF YOU ARE THE VICTIM OF SEXUAL ASSAULT YOU ARE GIVEN THE RIGHT TO:

- Have your conversations with a sexual assault counselor remain confidential and not be used in court unless you give permission for them to be used.
- Not have your name, address or phone number disclosed in the courtroom during any proceeding in the prosecution of the case.
- Have your name and address remain confidential from people not involved in the case (the offender will have access to this information through his/her attorney) and released only by an order of the court.
- Apply for victim compensation for any injury you have suffered as a result of the crime.

### IN ADDITION, THE STATE CONSTITUTION GIVES CRIME VICTIMS AND THEIR FAMILIES THE RIGHT TO:

- Be treated with fairness and respect through the criminal justice process.
- Have the case heard and resolved in a fair and reasonable amount of time.
- Be reasonably protected from the offender throughout the criminal justice process.
- Receive notification of court proceedings.
- Attend the trial and all other court proceedings.
- Communicate with the prosecution.
- Have the opportunity to support or disagree with any agreement between the prosecutor and the offender, about the charges and sentence, and to make a statement to the court before it accepts the agreement.
- Make a statement to the court at sentencing.
- Restitution.
- Be given information about the arrest, conviction, sentence, imprisonment and release of the offender.

## WHERE CAN A VICTIM GET HELP?

Call the 24-hour, toll-free, confidential hotline

**1-888-999-5545 (English)**  
**1-888-568-8332 (Español)**

You will be connected to the sexual assault crisis center closest to you.

### Sexual Assault Crisis Centers Provide:

- Certified sexual assault crisis counselors
  - Bilingual staff (Spanish/English)
    - Medical accompaniment
    - Legal advocacy
    - Support groups
  - Information and referral

*These services are free and available to you regardless of race, sexual orientation, religion or immigration status.*